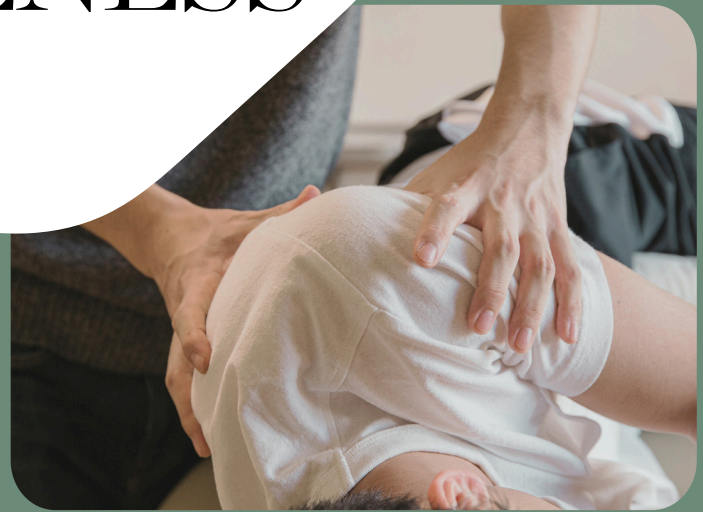




WELLNESS



IN COLLABORATION WITH
FLORENCE GUILD

WHY JOIN THE PROGRAM?



BE YOUR BEST

We love your commitment to being the very best always. A healthy mind and body are crucial for personal and professional success.



ON SITE CONVENIENCE

Wellness is seamlessly woven into your everyday. From 30-minute Dry Massages to lunchtime Breathwork, with this program, you don't even need to leave the building.



HOLISTIC

The Wellness program provides a range of cutting-edge offerings, ensuring a curated holistic experience throughout your working week.



WELLNESS YOUR WAY

We are building our program with your needs top-of-mind. Tell us what you love, what you want more of and maybe what you could do without. This is wellness for you, by you.

ABOUT THE WELLNESS PROGRAM

Health is integral to unlocking peak performance in both our professional and personal lives. We also understand you're pressed for time during your busy working lives.

The Wellness program is designed to seamlessly integrate into your daily routine, offering a range of movement and mindfulness sessions available at lunchtime or straight after work, without you having to go too far.



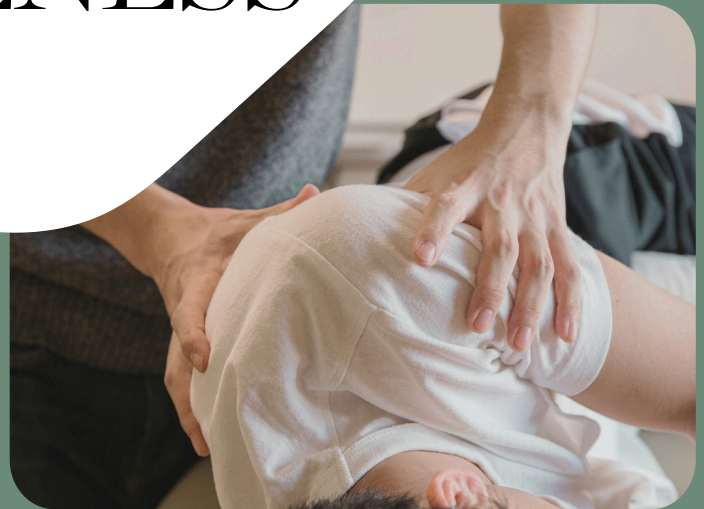
In collaboration with global wellness experts, we have developed an innovative program featuring top facilitators at the forefront of their fields, with a holistic schedule designed to adapt seamlessly to your needs.

The success of the program relies on your active engagement and feedback, which are crucial for refining and enhancing the program to best meet your needs and desires. We invite you to share your thoughts to help us craft a program that truly resonates with you. Please send any feedback directly to our dedicated wellness team at wellness@florenceguild.com.

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